

Reception Newsletter

Autumn 1

This term our topic is:

**'We all make
a rainbow...'**

Here are some ideas to support your child at home.

Physical Development:

- Explore a wide range of movements– running, jumping, rolling, slithering etc.
- Practise how to hold a pencil and other tools such as scissors and glue sticks.
- Support your child in copying letters from their name.
- Work with your child to learn to put their coat and shoes on independently.

Personal, Social and Emotional Development:

- Establish a routine including getting ready for school and bedtime.
- Play turn-taking games and talk about sharing and making friends.
- Discuss feelings and emotions and read stories such as 'The Colour Monster' and 'The Rainbow Fish' to support this.

Understanding the World:

- Explore seasonal change– go on an Autumn walk and talk about the colours and things you can see.
- Collect natural materials to create pictures with a focus on different colours.
- Taste a range of different fruit and vegetables of varying colours and textures. Talk about where they come from.
- Explore the colours of the rainbow and when rainbows appear.

Literacy

- Read a range of familiar stories including stories about colours such as 'Elmer', 'The Rainbow Fish', 'The Colour Monster'.
- Support your child to recognise and learn to write their name.
- Rhyming games, I spy, clapping the beat to music and words.

Communication and Language

- Explore a range of familiar songs, rhymes and stories.
- Discuss school rules and routines.
- Make up and re-tell stories using toys, puppets and teddy bears.

Expressive Arts and Design:

- Paint and draw with a range of different colours.
- Explore colour mixing.
- Explore with sensory and messy play such as gloop, sand, rice and pasta.

Mathematics:

- Match and sort objects in different ways including colour, size and shape.
- Explore Numberblocks on Cbeebies.
- Compare amount, size, mass and capacity e.g. *'I have 5 apples and you have 2 apples, who has more?'*

Messages

- Please ensure your child has their book bag at school every day– please check for letters and other information regularly.
- Please visit the school website where regular updates and further ideas for supporting learning at home can be found.